



FEBRUARY 21, 2025

# 4-H Family News

## Ingham County



### 2025 4-H Cash Composition Contest



Learn about credit

Answer this year's question in 300 words or less

Submit your essay by February 28, 2025

Possibly win a \$100 gift card!

Open to 9-19 year olds in Michigan



Visit the Ingham County 4-H Youth Area at the Quiet Adventures Symposium for fun hands-on activities!

Are You a Quiet Adventurer? Join Us!

Nature-Based Crafts, DIY Nature Journals  
Michigan Wildlife Identification Games, Wildlife Bingo and More!

## QUIET ADVENTURES SYMPOSIUM MARCH 1, 2025



The 30th Annual Quiet Adventures Symposium celebrating nonmotorized outdoor recreation and environmental stewardship in Michigan will be on Saturday, March 1, 2025, at the MSU Pavilion (4301 Farm Lane, Lansing, MI) between 9:00 am and 5:30 pm.

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### Contact Us:

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**Ingham County 4-H**

<https://www.canr.msu.edu/ingham/4-h/>

**Facebook**

<https://www.facebook.com/Ingham4Hyou>

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# CONGRATULATIONS

## 2025 Ingham County State 4-H Rabbit and Cavy Competitors

Event/Placing	Competitor
Senior Breed Identification Champion and Overall Division 2 Winner	Alivia Block
Skillathon-6th Place Senior	Alivia Block
Cavy Showmanship – 4th Place 9-11 Year Old	Parker Morehouse
Cavy Showmanship – 2nd Place 15-19 Year Old	Elizabeth Leibrand
Rabbit Showmanship – 10th Place 9 Year Old	Parker Morehouse
Rabbit Showmanship – 6th Place 14 Year Old	Jazzalyn Hamilton
Rabbit Showmanship – 9th Place 14 Year Old	Alivia Block
Rabbit Showmanship – 3rd Place 17-19 Year Old	Elizabeth Leibrand
Best of Breed Mini Satin Rabbit	Ellie Koppin
Best of Variety Black Mini Satin Rabbit	Ellie Koppin
Best of Breed American Satin Cavy	Elizabeth Leibrand
Best Opposite of Breed American Satin Cavy	Elizabeth Leibrand
Best of Variety Ticked Solids American Satin Cavy	Elizabeth Leibrand
Best Opposite Sex of Variety Ticked Solids American Satin Cavy	Elizabeth Leibrand
Best Opposite of Breed American Cavy	Ellie Koppin
Best of Variety Golden Agouti American Cavy	Ellie Koppin
Best of Variety Tan Pattern American Cavy	Ellie Koppin
Best Opposite Sex of Variety Tan Pattern American Cavy	Ellie Koppin
Best of Variety Californian Pattern American Cavy	Elizabeth Leibrand
Best Opposite Sex of Variety Californian Pattern American Cavy	Elizabeth Leibrand

Elizabeth Leibrand also received one of four, 4-H State Rabbit and Cavy scholarships.



# 4-H

## GAMER

### Night Every 4th Tuesday at 7pm

AN EVENT FOR ALL TO ENJOY, JUST CHILL PEOPLE HANGING OUT

Register to attend:  
<https://forms.gle/gV5yaKdPxb3Yc4uA7>

## ENGAGING EVERY VOICE: FACILITATION SKILLS FOR DYNAMIC 4-H CLUBS

Part of the Michigan 4-H Volunteer Webinar Series

February 25, 2025 at noon or 7pm

## Michigan 4-H Day at the Breslin

Reserve your free tickets today!

March 1, 2025

## MINDFULNESS on the MOVE

### 4-H Special Interest (SPIN) Club

**Step up and take on mindfulness with this dynamic 4-H SPIN club!**

Ages 8+  
 4-H enrollment required (free)

Session topics include:  
 -mindful movement (yoga, walking)  
 -the purpose of presence  
 -stress management

**We will explore various mindfulness topics through hands-on and movement filled activities!**

**Questions?**  
 Contact Erin Kelly  
[kellye31@msu.edu](mailto:kellye31@msu.edu)  
 (517)676-7300

To register, go to 4-H online and select "SPIN Club Mindfulness on the Move 4-H"  
<http://v2.4HOnline.com>

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SCAN ME

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## Still Life Workshop

Join MSU Extension and 4-H for a fun filled day with Still Life Projects!

SESSIONS INCLUDE: CLOVERBUDS, RAG RUGS, EASTER GLASS, DIAMOND PAINTING, WOODWORKING, FANTASTIC NUCLEI, CANDLE MAKING, FLOWER PRESSING, SHOOTING SPORTS, FISHING, HUNTING AND WILDLIFE, GNOME MAKING, DISCOVER CHOCOLATE, AND MORE!

DATE & TIME	LOCATION	ENTRY FEE
MARCH 8TH 9AM	NORTH AURELIUS ELEMENTARY SCHOOL 115 NORTH AURELIUS, MASON	\$5 PER PERSON

Registration: <https://Ingham4-Hstilllife2025.4honline.com>  
 More info: [Weissgle@msu.edu](mailto:Weissgle@msu.edu)

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# Clovers CODE SPIN Club

Join MSU Extension and 4-H for a free SPIN club to explore the endless possibilities of technology!

Explore coding, photography, videography, art, and music through technology in this 6 week series!  
No prior experience required.



Contact Mackenzie to schedule a time to host your club!

Mackenzie Meerschaert  
meersch9@msu.edu

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# Join the 4-H SPIN Club: Learn to Code with Sphero!



- Build skills over the course of 10 weeks to learn key coding concepts like sequences, loops, and functions while bringing them to life through hands-on activities. Build your creativity and problem-solving skills while playing with an interactive Sphero bot.

No prior experience needed—just bring your curiosity!

Contact Rachel to schedule a time to host your club!



Rachel Fitch  
(313) 351-2340  
fitchrac@msu.edu

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# REGISTER NOW!

## MICHIGAN 4-H State Hippology Contest

March 15, 2025 at Michigan State University

The annual Michigan 4-H Hippology Contest allows youth in horse and pony projects to test their equine knowledge.

Youth aged 5-19 are eligible to participate in the Michigan 4-H State Hippology Contest. Cloverbuds, Junior and Senior divisions as well as Junior Novice and Senior Novice allow for youth to demonstrate their comprehensive equine knowledge and skills in an engaging setting.

REGISTER HERE:

[HTTPS://WWW.CANR.MSU.EDU/EVENTS/2025-MICHIGAN-4-H-STATE-HIPPOLOGY-CONTEST](https://www.canr.msu.edu/events/2025-michigan-4-h-state-hippology-contest)



CONTACT  
DAVID LINDSAY  
EXTENSION EDUCATOR  
4-H YOUTH HORSE PROGRAMS  
LINDSA75@MSU.EDU



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# Taking Care of YOU

4-H Special  
Interest (SPIN) Club

Join us to learn how to stress less, feel good, & take care of yourself!

### Program includes

- Practicing self-kindness and gratitude with creative activities.
  - Learning stress management strategies and exploring mindful eating.
  - Reflecting on personal growth with art and vision boards.
- ...and more fun, activities!

Ages 11 +  
4-H enrollment  
required (free)

Enjoy sessions on building mindfulness, managing stress, and celebrating personal growth!

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### Questions?

Contact Rachel

Ochylski  
ochylski@msu.edu  
(517)-676-7300

To register, go to 4-H online and select "Taking Care of You" SPIN club  
<http://v2.4HOnline.com>



# SAVE



# WRITE



# ATTEND

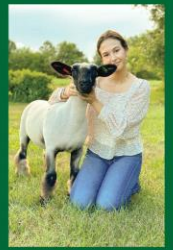


# CHANGE



[www.canr.msu.edu/wfpmiyi/](http://www.canr.msu.edu/wfpmiyi/)

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# APPLY TO BE A



GO GREEN!!

## 2025 MI 4-H DAIRY CONFERENCE

**REGISTRATION IS OPEN!**

Registration Closes February 6th, 2025

### Session topics include:

- Rally
- Showmanship
- Obedience
- Clicker Training
- Canine First Aid
- How to become a 4-H Dog Judge
- And more!



Staff contact:  
 Kat VanDouser  
 517-552-6903  
 Krollkat@msu.edu

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## 2025 State 4-H Spring Dog Workshop



April 12th, 2025  
 9:00am-3:30pm

Isabella County Commission on Aging  
 2200 S Lincoln Rd, Mt Pleasant, MI 48858

Registration fee: \$35  
 Lunch provided

Registration Deadline: April 4th, 2025

<https://events.anr.msu.edu/2025DogWorkshop4H/>

Individual Session registration is day-of.



## MICHIGAN 4-H HORSE PROGRAM WINTER WEBINAR SERIES



- January 15th at 6pm: How to buy a horse with Paula Hitzler
- January 29th at 6pm: The basics of Equine Management with David Lindsay
- February 5th at 6pm: Equine Nutrition basics with Dr. Christine Skelly
- February 18th at 6pm: Being a better boarder and Running a boarding facility with Taylor Fabus
- March 12th at 6pm: From the judges' perspective: Showmanship with Dr. Karen Waite
- March 26th at 6pm: From the judges' perspective: Ranch Riding with Dr. Alyssa Logan

Any further questions email David Lindsay, Extension Educator at [lindsa75@msu.edu](mailto:lindsa75@msu.edu)

MARCH 16-18, 2025

## 4-H CAPITOL EXPERIENCE



COST \$365

OPEN TO HIGH SCHOOL AGE YOUTH EXPERIENCE STATE GOVERNMENT IN ACTION AND LEARN HOW TO INFLUENCE POLICY ISSUES. INTERACT WITH LEGISLATORS, STATE AGENCY STAFF, LOBBYISTS AND OTHER RESOURCE PEOPLE!



PLEASE REGISTER BY MARCH 1ST AT: [HTTPS://EVENTS.ANR.MSU.EDU/CAPITOLEXPERIENCE2025/](https://events.anr.msu.edu/capitolexperience2025/)

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Show us your Money Smarts 4/1-4/30 by engaging in missions, trivia, and puzzles all while learning and earning points!

# Smart Money Missions Goosechase

There's even a chance to win prizes!!



## 4-H Adulting 101 Webinar



Get It Together: Time and Organization Tips to Thrive

- Scheduling ideas
- Strategies to beat procrastination
- Organization and planning tools

March 3, 2025 at 7pm EST



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JOIN US!

# SPRING 4-H OUTDOOR EDUCATION WORKSHOP

April 12-13, 2025  
Camp Newaygo  
Newaygo, MI

MICHIGAN STATE UNIVERSITY | Extension **4-H GROWS HERE**

## 4-H Great Lakes & Natural Resources Camp

# Seeking Camp Counselors



If you are:

- 16-20 years old
- Enjoy working with kids and the outdoors
- Available July 25 - August 2, 2025



Join our team this summer at Camp Chickagami in Presque Isle for an enriching week of leadership and personal growth as you guide 13-15 year old campers on adventure filled learning experiences! To learn more or register, contact:

Joe Kreider [kreider4@msu.edu](mailto:kreider4@msu.edu) | Rave Host [hostrael@msu.edu](mailto:hostrael@msu.edu)

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# Michigan 4-H State Awards Program



A State 4-H Award is the highest honor bestowed on Michigan 4-H youth!



Information and application: <https://tinyurl.com/46afjtc8>

Application deadline: April 1

Submit application: <https://events.anr.msu.edu/StateAwards25>

Recognition event: June 18



MSU EXTENSION

**MICHIGAN STATE**  
UNIVERSITY

College of Veterinary Medicine

# VETERINARY EDUCATION DAY

SATURDAY, MARCH 22, 2025 @ 12-3:30 P.M.  
HYBRID EVENT – REGISTRATION IS  
REQUIRED

Join us for presentations and student panels representing our preveterinary, Veterinary Nursing, and Doctor of Veterinary Medicine Programs. The event is ideal for high school students, college students or post-college individuals considering a veterinary career!

**Meet current students, faculty, & staff, ask questions, & learn how to apply!**



**Register Here!**



# CITIZENSHIP WASHINGTON

## FOCUS



Calling all future  
change agents!

## SAVE THE DATE

### June 20-27, 2025



The Michigan 4-H Delegation will leave **by bus** on Friday, June 20 at 1:00pm. We will **stay the night in Gettysburg** and tour the battlegrounds the next morning before heading to the Hyatt Regency in Bethesda, MD for **6 days** of eventful programming. This includes **meetings with our Senators and Representatives**, tours of many **monuments** provided by a licensed DC tour guide, **incredible workshops** that teach life skills like civil discourse and critical thinking, and much more!

The total **cost is \$2,500.00** (includes transportation from East Lansing and back, all lodging, conference costs, and most meals). Six meals and spending money will need to be provided by participants.

For additional information, go to the website at:  
<https://4-h.org/events/citizenship-washington-focus/>

**Enroll in 4-H Online** at <https://v2.4honline.com/#/user/sign-in> and then **register through Events**.

Contact your County 4-H Program Coordinator to **find out about local scholarships**:  
<https://www.canr.msu.edu/outreach/county>

For more information, contact Liana Pepin at [deisenro@msu.edu](mailto:deisenro@msu.edu) or **906-315-2663**

**“Visiting DC was incredible, giving me the opportunity to visit historical monuments and museums that I had never seen. I really liked when we got to tour the Capitol Building as well as meet with our Congressional representatives. I also met people from all over the USA and made long-lasting friendships. It was truly one of the best weeks of my life and I encourage anyone who has the chance to participate in CWF to take it!”** Ansel Frost- 2019 CWF Delegate

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# WORLD FOOD PRIZE



MICHIGAN YOUTH INSTITUTE

AT MICHIGAN STATE UNIVERSITY  
MAY 8, 2025

The World Food Prize Michigan Youth Institute is a life-changing experience at Michigan State University where students in grades 7-12 engage with leading experts on critical global challenges, participate in engaging activities and tours, and explore exciting ways to make a difference in Michigan and around the world!

At the event, participants will:

- Present their own research and recommendations on how to solve key global challenges in a short speech and small group discussions with MSU faculty, staff, students, peers, and other experts.
- Connect with other student leaders from across Michigan to share ideas, identify solutions to global challenges, and build lasting friendships.
- Take part in educational sessions to explore current research and issues in food, agriculture, natural resources, energy, STEM, international policy, and sustainable development.
- Qualify to apply for domestic fellowships and international internships, and to be nominated for a \$2000 Spartan Youth Programs Pre-College Scholarship from MSU.

Registration and paper due March 15, 2025.

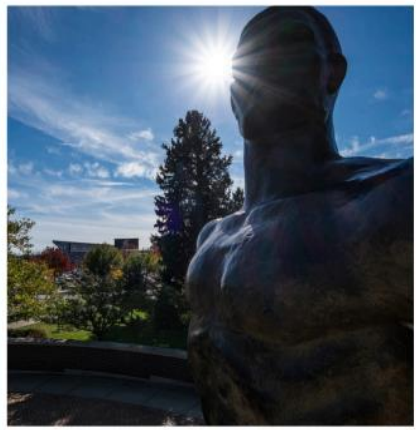


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# HOW TO PARTICIPATE IN THE WORLD FOOD PRIZE MICHIGAN YOUTH INSTITUTE



For more information, please  
contact WFPMIYI Coordinators:

**Debra Barrett**

Senior Extension Educator  
Michigan State University Extension  
smithde6@msu.edu

**Brian Wibby**

Extension Educator  
Michigan State University Extension  
wibby@msu.edu



1

Using the World Food Prize Foundation's [Global Challenge Paper Instructions](#), youth select a country and research a pressing challenge in that country related to global food security, agriculture, and sustainability.

Each participant writes a three to five page paper outlining their research findings, as well as their ideas for addressing the global challenge in their country of choice .

Resources to help students research and write their papers are available on the [World Food Prize Michigan Youth Institute webpage](#).

2

Youth participants submit their completed research papers and register to attend the World Food Prize Michigan Youth Institute by March 15, 2025 by going to:

[https://www.worldfoodprize.org/en/youth\\_programs/global\\_youth\\_institute/michigan/](https://www.worldfoodprize.org/en/youth_programs/global_youth_institute/michigan/)

Teachers and adult mentors who would like to attend the Institute with their student(s) must also register by March 15, 2025.

There is no registration cost to participate in the Institute and meals will be provided at the event, however, students and teachers/mentors must organize their own transportation to the event.

3

**Attend the World Food Prize Michigan Youth Institute on May 8, 2025 in East Lansing, MI (or via Zoom).**

Participants will earn recognition as Borlaug Scholars, qualify to apply for international and domestic internships, and may be selected to represent Michigan at the 2025 World Food Prize Global Youth Institute in Des Moines, Iowa!

*The World Food Prize Michigan Youth Institute is sponsored with a grant from the Michigan 4-H Foundation.*

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# STATEWIDE CALENDAR OF EVENTS

## Get free tickets for Michigan 4-H Day at the Breslin!



Make plans for a fun day in East Lansing on March 1! Join with other members of the 4-H community for Michigan 4-H Day at the Breslin. This fun family event will be held at the Jack Breslin Student Events Center as the MSU Women's Basketball team takes on the Minnesota Golden Gophers.

In addition to the game, attendees will also enjoy 4-H activities around the concourse. Doors will open at 12:30 p.m., with tip-off scheduled for 2 p.m. Participants are encouraged to show their pride and wear green and white 4-H or MSU Extension apparel.

Tickets are free to 4-H youth and their families as well as 4-H volunteers and their families. For more information and to order tickets, visit [www.canr.msu.edu/events/4-h-day-at-the-Breslin](http://www.canr.msu.edu/events/4-h-day-at-the-Breslin).

A member of the 4-H alumni community? Consider also stopping by the 4-H Alumni Tip-Off Reception on March 1! More information and registration at [www.canr.msu.edu/events/4-h-alumni-tip-off-reception](http://www.canr.msu.edu/events/4-h-alumni-tip-off-reception).

### February 4: Crash Course: Credit Survival 101

*Online*

Youth learn the basics of credit: advantages and disadvantages, credit vs. debit, credit scores, interest, and tips to managing credit wisely.

[www.canr.msu.edu/events/crashcreditcoursefeb-4](http://www.canr.msu.edu/events/crashcreditcoursefeb-4)

### February 11: 4-H Wild Spartans – The Relationship Between Tribes and Fish

*Online*

Plunge into the world of Great Lakes fisheries and meet Jason Smith, Great Lakes fisheries assessment biologist for the Bay Mills Indian community. Learn about his work, and the education and career path he followed to get there. Ask questions to learn more through a live Q&A. Open to youth ages 12-19 years.

[www.canr.msu.edu/events/wild-spartans-monthly-wildlife-fisheries-webinar-series-february-2024-2025](http://www.canr.msu.edu/events/wild-spartans-monthly-wildlife-fisheries-webinar-series-february-2024-2025)

### February 12: Online Parent Talk System Webinar Series

*Online*

A course for caregivers to improve communication and provide strategies for raising confident, caring, responsible children. This weekly series will be offered Wednesdays from Feb. 12 – Mar. 19 at no cost.

[www.canr.msu.edu/events/the-parent-talk-system-series-february-march-25](http://www.canr.msu.edu/events/the-parent-talk-system-series-february-march-25)

### February 13: Ace the Interview: Tips to Land Your Dream Job

*Online*

Through the partnership of Toyota and Michigan 4-H, youth will explore a variety of career paths in the automotive industry as well as build workforce readiness skills to take on their goals. This second offering in the five-part webinar series will focus on tips for a successful interview.

[www.canr.msu.edu/events/ace-the-interview](http://www.canr.msu.edu/events/ace-the-interview)

### February 15: 4-H Animal Science Career Quest 2025

*Online*

A career exploration program for youth ages 12-19 interested in pursuing a career in animal science. Learn about everything animal science has to offer and many career skill-building activities through hands-on sessions. Register by Feb. 3.

[www.canr.msu.edu/events/4-h-animal-science-career-quest-2025](http://www.canr.msu.edu/events/4-h-animal-science-career-quest-2025)

### February 25: 4-H Volunteer Webinar Series; Facilitation Skills for 4-H Clubs

*Online*

Gain essential facilitation skills to engage every voice and increase efficiency in your 4-H club. This session offers tools to create inclusive, dynamic discussions, making sure all members feel heard while streamlining club activities. This webinar will be offered at two different times:

**12 p.m.** [www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-engaging-every-voice-facilitation-skills-for-dynamic-4-h-clubs-noon](http://www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-engaging-every-voice-facilitation-skills-for-dynamic-4-h-clubs-noon)

**7 p.m.** [www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-engaging-every-voice-facilitation-skills-for-dynamic-4-h-clubs-7pm](http://www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-engaging-every-voice-facilitation-skills-for-dynamic-4-h-clubs-7pm)





# STATEWIDE 4-H NEWS



## Apply for the Michigan 4-H State Awards!

Michigan 4-H true leaders ages 11 and older have an opportunity to be recognized for the great work they do in 4-H and develop their career skills by completing a state award application. A Michigan 4-H State Award is the highest honor bestowed on a Michigan 4-H member and provides an opportunity to receive recognition for their engagement in rich learning experiences that result in outstanding knowledge and life-skill development.

State award applications are divided into four categories: Mark of Excellence contest (10-11 years), junior state award (12-15 years), senior state award (16-19 years) and group awards (13-19 years). Each application and selection process varies, dependent on the applicant's age.

More information about the Michigan 4-H State Award process and Mark of Excellence Contest can be found online at <http://bit.ly/stateaward>. Applications are due April 1. For more information, contact your 4-H program coordinator or email Betty Jo Krosnicki at [nashbett@msu.edu](mailto:nashbett@msu.edu) or Janice Zerbe at [rajzerj@msu.edu](mailto:rajzerj@msu.edu).

## Participate in the World Food Prize Michigan Youth Institute

As millions across the globe deal with food insecurity, the World Food Prize Michigan Youth Institute (WFP MIYI) offers young people an opportunity to be part of the solution. Held May 8 in East Lansing, or by participating from anywhere else using Zoom video/web conference technology, the event seeks to inspire and prepare the next generation of global leaders to end world hunger.

To participate, youth should be in grades 7-12 and register by the March 15 deadline. As part of the registration process, youth are required to prepare a three- to five-page research paper about a developing country and one of 22 key factors that affect food security. At the event, youth present and discuss their papers with other attendees and research and industry experts.

The top performing students at the WFP MIYI will be selected to attend the World Food Prize Global Youth Institute in Des Moines, Iowa, in October. For more information, visit <https://www.canr.msu.edu/wfpmiyi/>. Registration opens Feb. 1 and closes Mar. 15.



## Seeking outstanding agricultural 4-H volunteers

The Michigan 4-H Foundation is seeking nominations of remarkable agricultural 4-H volunteers for the Michigan Farm Bureau (MFB) 4-H Excellence in Agriculture Award. This award recognizes outstanding 4-H volunteers that have exhibited excellence in 4-H youth education and leadership development in the areas of 4-H beef cattle; dairy cattle; goats; horses; horticulture, crops and soils; poultry; rabbits; sheep; swine; and veterinary science.

Up to five MFB Excellence in Agriculture Award honorees are recognized each year. Selected recipients will be recognized by both Michigan 4-H and MFB. In addition, honorees receive a \$1,000 grant they designate to a 4-H agricultural program of their choice. The award is supported by an endowment with the Michigan 4-H Foundation that was established by MFB.



Nominations for the MFB Excellence in Agriculture Award should be submitted by March 15. To nominate a deserving individual or learn more about the 4-H Excellence in Agriculture Award, visit <https://mi4hfdtn.org/grants-scholarships/mfb-4-h-excellence-in-agriculture-award/>.